PROGRAMM

Freitag, 8. März 2019 10.00 – 19.00 Uhr

Samstag, 9. März 2019 10.00 – 19.00 Uhr

Sonntag, 10. März 2018 10.00 – 17.00 Uhr

VERANSTALTER UND VERANSTALTUNGSORT

Dr. Tilman Rentel Praxis für Psychotherapie Universitätsstr. 50 91054 Erlangen

mail: info@tilman-rentel.de

KOSTEN: 500 €, Frühbucher bis 1.12.2018 zahlen 420 €.

ANMELDUNG (bis 01.3.2019)

bitte per post mit unten ausgefüllten Informationen oder per email unter: info@tilman-rentel.de

unter Angabe von Nachname, Vorname

Rechnungsanschrift,

Telefon und email-Adresse

Datum, Unterschrift

Seminarleitung:

Marian Way



A highly skilled facilitator and trainer, Marian, who founded Clean Learning in 2001, has developed and delivered training across the world. She is the author of *Clean Approaches for Coaches* and co-author, with James Lawley, of *Insights in Space*.

Caitlin Walker



Caitlin is a director of Clean Learning and the developer of Systemic Modelling. She is the author of *From Contempt to Curiosity*, which details many of the innovative and transformational projects she's led across the world.

Marian and Caitlin are also co-authors of a journal based on Systemic Modelling called, *So You Want To Be... #DramaFree.*

Der Workshop wird von Marian Way und Caitlin Walker geleitet. Beide sind Gründerinnen von Clean Learning und Caitlin Walker hat Systemic Modelling entwickelt. Beide bieten sie international Trainings zu Clean Language und Systemic Modelling an und sind Autorinnen der oben genannten Bücher in diesem Themenbereich. Diese sind als Vorbereitung sehr empfehlenswert.

Das Seminar findet in englischer Sprache statt. Bei Bedarf kann eine Übersetzung organisiert werden. Bitte bei der Anmeldung Bescheid geben, wenn das notwendig ist.



Aufbauseminar in Erlangen mit Marian Way und Caitlin Walker

"Clean for Teams" & Systemic Modelling Level 1

Aufbauseminar zu den Prinzipien der Clean Language und des Systemic Modelling und die Anwendung in Gruppen und Organisationen

Freitag, 8. März 2019 bis Sonntag, 10. März 2019



Who's it for?

This programme is for you if you are:

- A Student/practitioner of Idiolectics interested in working with groups
- A change manager, HR professional, trainer or teacher working within an organisation
- An independent coach, consultant or facilitator who works, or wants to work, with groups
- A Clean Facilitator who currently works with individuals and want to extend your clean skills so you can work effectively with groups
- A leader or senior member of any kind of group, team or organisation
- Anyone interested in how change can happen in groups
- Fascinated by what makes groups tick, interested in detecting patterns in yourself and others and open to learning from feedback
- Someone who believes that change starts with yourself
- Looking for group-facilitation or teaching methods that will:
 - Reduce conflict or bullying and create a culture of collaboration
 - Create a learning culture that honours and utilises diversity
 - Support a culture of selfmanagement and empowered working within a team
 - Develop shared metaphors for visions, values, projects – anything that matters to the group
 - Get away from drama situations and hidden agendas and encourage outcomes, actions and feedback
 - Help people move from contempt to curiosity to collaboration

... and that can be adapted to suit any context.

What will I gain?

- The Systemic Modelling framework, models and tools and how to run them effectively
- The ability to pay attention to language and behaviours at an individual and group level and to be able to utilise what happens in a group to help them to achieve their desired outcomes
- More information about your own patterns of thinking, behaviour, attitude and identity and how these relate to other people's patterns
- An understanding of the role that language, especially metaphor, plays in group thinking, and how you can utilise that to create deep sustainable change
- The ability to detect when drama is happening within a group and the skills you need to unpack the drama and move beyond it
- The opportunity to be part of a supportive peer group, where everyone is working together to master the art of Systemic Modelling
- Continuous professional development as you get feedback on your work and use that to develop unique tasks that help you grow into your role as a group facilitator
- A programme manual that will take you, step by step, through the learning process with space for you to record examples and note achievements as you work towards your Systemic Modelling Level 1 certificate.

What's involved?

This Seminar includes training in Systemic Modelling along with coaching and feedback designed to move you from novice to mastery. You will learn how to use clean questions and metaphor models to support a group to better understand one another and to develop the skills and capability they need to collaborate meaningfully. The training will be fun, full-on and focused.

The models and skills that make up Systemic Modelling include: clean questions; developing personal metaphors; group modelling; Metaphors at Work; moving from drama to the 'karma cycle'; pattern detection, tracking patterns in the group dynamic; developing your personal modelling state. There'll also be plenty of opportunity for discussion about applications and how you'll put your learning into action.

Regular in-depth and intensive training will enable you to develop competency in applying the principles that underpin Systemic Modelling. This Seminar is a 3-day module and it is also possible to attend a further modules (currently in the UK and USA). Joining in on a long-term basis will enable you to explore the process more deeply, including the philosophy behind it and the skills required to deliver it well. You'll be delivering group processes live to participants and you'll be offering and receiving feedback from trainers and peers. Optionally you can also take part in an assessment process which leads to certification as a Systemic Modeller Level 1. Between modules, you'll be expected to find groups of your own to practice with.

Pre-requisites:

To join this programme, you must have experienced the process as a participant (via <u>Clean For Teams</u> or equivalent, e.g. if we have run a similar programme in your workplace).

It is also possible to join this seminar for the first time and encounter the "Clean for Teams" process as a participant. Then you will not have the opportunity to be in the role of the facilitator of the group process.

